

*Meridian Junior College presents*

# NURTURING A GROWTH MINDSET

PARENT FORUM 2018

A parent forum to discuss the opportunities, challenges and approaches to succeed in the JC education and beyond.

This year's forum focuses on the importance of adopting a growth mindset to maximise an individual's potential.



## FORUM DETAILS:

**Date:** 17 August 2018 (Fri)

**Time:** 7pm - 9pm

**Venue:** MJC Lecture Theatre 1

Registration and refreshments begin at 6.30pm

Admission is free.

Register by 3 August 2018 at: <https://tinyurl.com/parentforum2018>

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## Addressing the Challenges of JC Life and Beyond:

How does adopting a growth mindset help in a person's learning potential and holistic development?

My child is not motivated, how can I encourage him?

How can I help my child become more resilient to face the future challenges?

# EXPERT SPEAKER



**MS CHERYL CHIA** is a mother to two girls and an author of a book titled “Fit Brains Learn Better: A Chronicle of 12 years of Brain Fitness Training.” Cheryl has keen interest in cognitive neuroscience (brain research on learning skills) and its applications. Over the years, she has worked closely with several internationally renowned neuroscientists to develop programmes for children and youth to enhance their brain fitness and learning potential. Cheryl is widely recognised by industry peers and has presented in numerous international conferences related to brain fitness and intelligence development.

# FORUM PANELLISTS

**MRS CHUNG-SIM SIEW MOON**, a Partner at Ernst & Young Solutions LLP and EY Asia-Pacific Tax Policy and Controversy Leader, is a working mother who has to juggle work with a family of five children. She has two children who graduated from MJC in recent years and a daughter who is currently in JC2. She will be sharing her experience on how she relates to her children and helps them develop the tenacity to weather the challenges of coping with JC life and beyond. She is also an esteemed member of our College Advisory Committee.



**MR JASON WONG** is the Chairman of Focus on the Family and a father of two. His daughter is currently in her final year in university and his son is in JC2 this year. He initiated the Yellow Ribbon Project to help ex-convicts reintegrate into the society and the Dads For Life (DFL) movement to encourage fathers in playing a more prominent role in their children’s lives. He has conducted several talks and workshops on parenting over the years, and was recently featured in The Straits Times for his commitment to strengthening families. He will be able to share his rich experiences on the myriad of challenges parents face in our fast-paced society and how to overcome them.

**MR MUHAMMAD FADZLI B JANI** is a Meridian alumnus, valedictorian for the class of 2010 and was an EXCO member of the 2nd Meridian Junior College Alumni (MJCA). He will be providing firsthand accounts of the JC experience from the perspective of a student and lend insight into the attitudes and mentalities of the youth today. He has achieved his Bachelor of Arts (Architecture) Degree with Honours (Dist) and is now pursuing his 1 year Masters in Architecture in NUS School of Design & Environment. Beyond academics, he is also actively involved in various projects to contribute to the wider community, such as being part of the Youth Advisory Council in the Ministry of Culture, Community and Youth (MCCY).

